

COURT ONE ATHLETIC CLUBS

For The *Personal* Touch

2005 Special!

Activate Your Membership for
Only \$25

(That's a Savings of \$175)

Court One offers Members and their Guests use of:

- Certified Personal Trainers
- Stairmasters
- Cardiovascular Equipment
- New Cybex Weight Training Stations
- Nautilus Weight Training Stations
- Magnum Fitness Equipment
- Precor Elliptical Machines
- Free Weights
- Aerobics (Floor, Water & Arthritis)
- Spinning Classes
- Tennis (Indoor & Outdoor)
- Gym (Basketball & Volleyball)
- Indoor & Outdoor Pools
- Saunas, Steam Room & Whirlpool
- Registered Dietician
- Massage Therapist
- Child Care
- Wellness Seminars & Individual Consulting

Applicants must show employee ID card

Omni Membership (includes full privileges)

Individual \$59

Two in a Family \$79

Entire Family \$99

For a FREE guest pass to fitness & aerobic programs for a day,
contact Nicole Brillantes. (This does not include the tennis center)

For Membership Information Contact:

Nicole Brillantes
Court One East
2291 Research Circle
Okemos, MI. 48864
(517) 349-1199

Ingrid Klarstrom
Court One North
1609 Lake Lansing Rd.
Lansing, MI. 48912
(517) 372-9531

